

## **CFBHPP Committee**

### **Meeting Summary**

**November 9, 2006**

**Conference Room C – Henrico CSB  
Glen Allen**

#### **I. Welcome/Introductions/Celebrations**

**Shirley Ricks**

Shirley opened the meeting with introductions and celebrations. Charline is celebrating submission of the Department's strategic plan and the work that the Department is doing to access community-based data. Joanne Boise celebrating that the Governor is extremely interested in early childhood, Virginia Department of Health's Early Childhood plan is being integrated with other plans, Phil Quinn, DSS celebrating that the First Lady is very involved in older youth, bringing attention to older youth in foster care. Pam Fisher celebrating helping to spread SOC, round table discussions being planned for Southwest, to get people interested in systems of care. Martha Kurgans celebrating finalizing Project LINK manual. Revisions to the manual provided the opportunity to give information to CSBs who are not Project LINK sites. Gina developing system of care for infant mental health, worked with Zero to Three, now have in the community, 120 people trained; Gina also excited about Pam coming down to promote system of care. Sandy Bryant celebrating on system of care through the five regions specialized system of care for mental health and mental retardation, training center involved and the private sector, multiple individuals committed, involves the development of a specialized network for referrals of children to this initiative. Christina Hawkins celebrating that her six months old slept through the night last night. JoAnn Smith celebrating mental health clinicians are now on site at the detention center. Bela Sood celebrating a meeting held with Frank Tetrick and Shirley to discuss workforce issues and systematic ways to address systemic issues related to children and adults. Bela also celebrating meeting with several individuals affiliated with community college system to propose facilitating meetings to identify workforce needs of behavioral health system. Bela will be nominated to the Department's workforce advisory committee, to look at workforce issues. Bela is scheduled to meet with Secretary Tavenner to discuss children's issues. Barbara Shue is celebrating being out of the office today.

Pam moved to accept the minutes and Sandy Bryant seconded the motion to approve the minutes.

#### **II. OCFS Update**

**Shirley Ricks**

The Department submitted a comprehensive budget package and included recommendations related to Custody Relinquishment. Twelve to fifteen budget requests were submitted and five were accepted. The Department can't discuss the budget until the Governor submits his budget, this occurs around the middle of December. It is

important to make the case of the Department budget is tied back to the report. The Department made a presentation to the General Assembly about funding for children's services and increased visibility for children's services. Charline suggested committee members promote the recommendations and relate individual agency budgets back to the report and budget recommendations to strengthen the notion of a comprehensive approach to children's issues. The OCFS is scheduled to make a presentation to the State Board of Mental Health on December 8<sup>th</sup>. The presentation will include an overview of the OCFS, MH/DJJ project, SOC projects, Early Intervention and Autism. Discussion ensued about the issues around autism, funding, and autism with MR or MH issues; the label autism creates barriers to children receiving mental health services. Carrying the diagnosis of autism creates barriers; it is a system of care issue, and other diagnoses may be secondary to autism and this should not create barriers to children receiving services.

There was then a discussion about EPSDT and issues related to the collaborative work between DMAS and the Department, issues about the training manual, there has not been final approval of its contents and other issues such as CSB billing for substance abuse services. Committee encouraged Shirley to request that Frank Tetrick bring this issue before the System Leadership Forum. Bela suggested that the committee consider strategies for educating DMAS about children's issues. There was discussion about this suggestion. Shirley told the committee that it would be important to inform Frank about the status of the delays in training, the Department is committed to initiating a pilot about accessing EPSDT, issues about pre-authorizations and billing assessments, group therapy and not approving case management, etc.

Shirley announced that Ray Ratke will be attending the December meeting of the committee. Shirley asked for suggestions about what the committee would like Ray to cover during the meeting. Issues for the meeting; transformation for children, what he perceives as the value of this group and what does he anticipate for next year. It might be useful for him to share what he envisions for child and adolescent services, his position about Medicaid services for children and youth, mental health connected to education, health care, etc. What are the opportunities when he attends HHR meetings for promoting the agenda of the CFBHPP report? Committee would like there to be an opportunity for Q and A.

VACSB willing to consider plenary session and/or workshops on children's issues for their spring meeting.

The state of Connecticut is undertaking an intensive in-home community based child and adolescent program model. Connecticut made this decision after collecting several years of data about children. This is an evidence-based model. Bela was asked if Virginia might be interested in undertaking a similar initiative. Shirley indicated that the Department might be interested in exploring this model. Sandy made the suggestion about asking Commission of Youth if this model meets evidence-based criteria and is posted on the Commission's web site.

### **III. Report – Executive Committee**

**Shirley Ricks**

The next item for discussion involved Shirley giving a report of the Executive Committee tele-conference; Shirley summarized the discussion about the materials. The pertinent points from the review of the materials:

- Prevalence data from the Department’s Comprehensive Plan is from SAMSA data. The methodology is population-based.
- Should additional data be added from the court units services data, would be an opportunity to describe more children. Pam will get the data for the Fact Sheet. Questions about why only show court units data and not other services data? If it is a count of children served and does not cover other data, then it would be important to display children served by CSBs as well.
- Materials will need to be ready for dissemination by the Monday after Thanksgiving.
- Electronic versions sent out to get the materials in people’s hands.
- Shirley will mail materials to the chair of the Child and Family Council.
- Committee felt that the family letter is a template and family members should put the letter in their own words and specific to their child.
- Shirley will send the materials to VACSB for distribution to the various councils.
- Need to add academic/university organizations that support training for psychiatrists and psychologists as contacts to engage to support the committee’s budget recommendations. Organizations need to target the finance committees.

Executive Committee and Bela Sood will hold a conference call to plan for Bela’s meeting with Secretary Tavenner prior to the meeting scheduled for December 4<sup>th</sup>.

### **IV. Mental Health Law Reform**

Sandy presented an overview of the Child and Adolescent Task Force; reviewing mental health laws related to children and making recommendations for all the systems working together. TDOs and commitments is one work group, relinquishment of custody is another workgroup combined with services, and juvenile justice. Juvenile Judge Paxton and Charlotte McNulty are co-chairs of the Task Force. The committee is reviewing reports of the work from other children’s committees. Other individuals are joining the committee. Shirley commented this is an opportunity to do a comprehensive review of mental health law related to children. Legislation is already being proposed for special justices to deal with the commitment of children. Committee would like this to be a standing item on the committee’s agenda.

## **V. Expanding Innovative Community Services**

The work of the committee is completed. Grants will be available over an 18 month period, with a focus of bringing children out of residential or alternatives to residential placement. Anticipate funding at least 4 grants. The grants will be based on the philosophy of systems of care.

## **VII. Appoint Nominating Committee**

Shirley asked for volunteers for a nominating committee for chair and vice-chair. There were questions about whether to nominate a chair only with a recommendation to stagger nominations to ensure continuity. Nominating committee: Sandy Bryant, Martha Kurgans, and Joanne Boise. Discussion and review of by-laws obviated the need for a nominating committee however; there was a recommendation that the by-laws needed review related to terms of officers, the by-laws state that the officers are chair and co-chair and not vice chairs. The committee made recommendation to revise the guidelines and to implement recommendation to stagger terms of chair and vice-chair. The by-laws do not specify that one of the chairs needs to be a parent. Recommendations:

1. Change the term of officers (chair and vice-chair)
2. Specify that one of chairs must be a family member.

### **Agenda for the December meeting:**

- Discussion with Deputy Commissioner Ray Ratke
- Update on legislative Activity
- Continued discussion of the advocacy effort to support initiatives
- Lessons learned from the initiatives underway (after the General Assembly); invite projects to present to the committee, successes, lessons learned. For the January meeting, OCFS will present preliminary information from data collected about the projects.

**Meeting adjourned.**